

01101001 00100000 01101000 01100001 01110110 01100101 01101110 11100010 10000000  
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 01101001 01100011

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00100000 01101101 01101111 01100010 01101001 01101100 01100101 00100000 01110000  
01101000 01101111 01101110 01100101 01110011

translated:

i haven't been on my phone for 25 months and counting (and it's great)

people fiddly fidgets  
to input some digits  
in this increasingly  
digital world

but phones help formulate  
choices to motivate  
cancelling on dates  
or calling to wait  
choices to procrastinate

i'm happy with my life: static  
phones make life erratic  
i don't mean to be phlegmatic  
but phones aren't pragmatic

this lifestyle doesn't bother me  
avoid techno-debris  
i've always been quite alone  
i don't need mobile phones

memo:  
sorry for the eyestrain